

So what is the cost of falling to you?

- Loss of Work
- Loss of Income
- Loss of physical drive due to pain.....
- Loss of physical motion.....
- Mental stress of not being able to work & have a regular life.....
- Mental stress of not being able to pay the bills....
- Battling with Workers Compensation
- Battling doctors.....
- The possibility of a new occupation you do not want...

Man died when he released one load strap and part of the load fell and crushed him.....



Recent Driver Survey: When asked whether they had ever fallen from the truck, the drivers responses were; (Professional Safety Magazine)

- 58% reported they had nearly fallen from the trailer;
- 50% had nearly fallen from the cab;
- 44% had nearly fallen from the load .

When further pressed the drivers revealed.....

- 36% had fallen from the cab;
- 28% had fallen from the trailer;
- 19% had fallen from the load.

Don't be a statistic and end up on the injured reserve list!

Pay attention to the "task at hand". Use proper equipment and if it does not feel right, stop and get assistance.

**Think Safety
It Pays OUT BIG Time!**

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Consolidated Carriers of California

Slips, Trips and Falls In the Transportation Industry



**Do Not Become Another
OSHA Injury Statistic.**

**Think Safety Before
You Act!!!**

It's Your Responsibility

What is the cost to you when you are injured ?

Have you ever thought your actions will cause you pain and



suffering, not to mention lost time from work and potential financial hardship!!!.

Remember

Paying Attention to the “task at hand” is our main defense in preventing injuries!

Follow the Do’s

- If you have a **thought** that it is unsafe, then find an alternative way.
- If it **looks unsafe**, find an alternative way that is safe.

You take hundreds of steps every day, but how many of those steps do you take seriously? By taking a few minutes to understand how slips, trips, and falls happen, you can prevent needless and painful injuries.

Gypsum/Wallboard/Drywall Tarping:

- Fall Hazard Exposure



Driver told to move to a dirt lot outside gate, then tie-down, then tarp. Fell on his head and died after stepping into a void.

Preventing Falls While Entering & Leaving the Cab of the Truck

- 3-Point dismount when leaving the cab, front of the body facing the cab and with 3-points of contact to the vehicle slowly climb down.
- 3-Point entrance into the cab, body facing cab climb straight in.
- Make sure the ground is level and free of rocks or any uneven surfaces. No more sprained knees, ankles or lower back strains..

Climbing Up On Flatbed Trailers

- 3-Point mount and dismount from trailer.
- Do not jump off trailers or flatbeds.
- Do not lean over the side of trailers. Use a ladder think smart.
- Do not jerk tarps or ropes when attempting to secure loads. You may lose your balance and fall.
- Never climb on the sides of trailers or flatbed loads. If available, locate a ladder and make sure it is on even ground.
- Do not throw V-boards, angle irons. chains and/or ropes over the loads. They may fall backwards striking your body.
- Play it safe use ladders.
- Stay away from the edges of the trailers.



Safety is our business, so please call us anytime. Our safety consultants are ready and willing to provide you with real time solutions in keeping you and your associates safe in the workplace. 888-338-0208